

**HEALTH ASSESSMENT RESULTS FORM
TRACKWORK RIDER**



Dear Doctor

Queensland Racing Limited (QRL) is the regulator of thoroughbred racing in Queensland. Anyone who rides thoroughbred racehorses in trackwork must hold a licence issued by QRL. Prior to renewing any track work rider's licence, QRL requires the rider to be assessed by a general practitioner. This assessment will assist QRL to assess the risk to the licensee and others, in the event that a trackwork rider's licence is renewed. The reverse side of this document lists a range of conditions which may be associated with increased risk of employment.

A completed health assessment results form signed by a general practitioner, must be submitted to QRL to enable consideration to be given to renewing the rider's licence.

To : The Director of Integrity Services, QRL

Given the available medical information provided by: _____

I believe that this person:

does not appear to be at *significantly increased risk* of sustaining a work-related condition or aggravating an existing condition in undertaking the nominated role

Or

is at *slightly increased risk* of sustaining a work-related condition or aggravating an existing condition in undertaking the nominated role

Or

is at *moderately to markedly increased risk* of sustaining a work-related condition or aggravating an existing condition in undertaking the nominated role for the following reasons:

Or

demonstrates an absolute medical contraindication to participation as a rider for the following reasons:

Is there any additional inquiry/investigation/ examination you recommend be undertaken to assess the effective functioning of the licensee in his/her role as a rider?

The licensee has disclosed to me that they are currently taking the following medication / supplements:
(please list)

Doctor's Name: Qualifications:

Address:

Signature: Date:/...../.....

List of conditions which may be associated with increased risk in employment or prevent effective functioning in the role of an Trackwork Rider

This 'List of Conditions' is only intended to be used by the applicant and assessing medical practitioner as a guide. It is not intended to be a complete or exhaustive list of conditions or characteristics which can effect the risk or effectiveness in undertaking the nominated role.



Any condition which can result in dizziness and/or unsteadiness or uncontrolled loss of stability including;

- A history of epilepsy
- A history of cerebrovascular disease
- Any condition which can affect level of consciousness
- Other relevant neurological disorder
- Any condition which can affect co-ordination or reaction time
- A history of coronary artery disease
- A history of diabetes where the level of control is insufficient to protect against uncontrolled loss of stability

A significant uncorrectable visual defect or hearing defect.
A skin condition adversely affected by heat, humidity or exposure to ultraviolet light.

Any musculo-skeletal condition which could be adversely affected by significant physical exertion and use of physical force
Any condition which would affect standing tolerance, walking tolerance, sitting tolerance.
Any condition which affects strength/range of movement of arms or legs.
Any condition which affects hand grip

A respiratory disease associated with shortness of breath on exertion
Any emotional or psychiatric disorder which could lead to impulsiveness or impaired judgment
Any condition which affects alertness and concentration
Any medication which significantly alters physical functioning and mental acuity and judgment.

A history of substance abuse.

Any condition or characteristic which would prevent the wearing of protective clothing eg helmets, gloves, body protection devices, footwear, and long-sleeved shirts and trousers.

ASSESSING RISK IN PLACEMENT AT WORK

'**Risk**' is an expression of the probability of an undesired event and the likely seriousness of the consequences, if any, which might arise from that event.

'**Increased Risk**' is the extent to which a known circumstance or activity alters the risk for a particular individual compared with a person who does not have the same condition or characteristic.

The scale below provides means through which a measure of 'Increased Risk' for a particular individual in a given situation can be provided. The scale should be interpreted as follows:

Slightly Increased Risk means that the likelihood of injury or aggravation is possible rather than probable but the likely consequences would not be serious.

Slightly to Moderately Increased Risk means that injury or aggravation is more likely, but still possible rather than probable and the likely consequences would not be serious.

Moderately Increased Risk means that, at this point, the likelihood of injury or aggravation changes from being possible to being probable and the likely consequences, if they occur, are likely to result in significant temporary dysfunction

Moderately to Markedly Increased Risk means that the likelihood of injury or aggravation is clearly probable and the consequences are likely to result in significant temporary dysfunction or some level of permanent disability and could have a significant impact on the employee's ability to perform their role

Markedly Increased Risk means that the likelihood of injury or aggravation is assessed as being highly probable and the likely consequences will be serious enough to have a permanent impact on the employee's ability to perform their role.